

JANUARY 2020



# Your Financial Checkup

## ONLINE SEMINAR

Just like a regular health checkup, this session will walk you through a "financial checkup," guiding you through the necessary steps to examine your finances.

Visit your home page starting January 21st

**TOLL-FREE: 866-649-2392**

**COUNSELING: 800-445-3569**

**(607)-763-6474**

**WEBSITE: [www.nyuhs.org/eap](http://www.nyuhs.org/eap)**

**USERNAME: CVCS D**

**PASSWORD: employee**

Your Employee Support Program is there 24/7 with information and resources to help you work better, together. If you do not know your sign-on information, please call:  
**607-763-6474**